



December Newsletter



Celebrate the Season!



May you find peace and joy this holiday season! Spread kindness everywhere you go! Try not to get so busy that you forget to treat others as you would like to be treated! One kind word truly can go a long way!

Please take time this Holiday Season to check on relatives, friends and neighbors who may need assistance. You might be able to help with getting groceries, running errands or just hearing a friendly voice. Take the time to reach out to those near and far, they will appreciate your efforts and you will feel better too!

Find peace and joy wherever you can.

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Greetings Everyone

It's that time again! We will be asking everyone to provide updated information for the center. This information will be kept on hand in the event of an emergency.

We will need current health information, medications as well as an emergency contact that we can reach should it be necessary.

The information you provide should be updated as things change as they so often do with our health and current medications.

You can complete this form at the center with assistance from myself or the other staff or you may take it home and return the completed form at your earliest convenience.

All information will be kept confidential and only utilized in the event of an emergency.

Thank you in advance for your cooperation in attending to this important matter.

Melinda



LUNCH PROGRAM NEWS

Please sign up for lunch by
Tuesday the
week before you would like to attend.
Please call the center at (716) 754-2071



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Merry Christmas!

Our Christmas Lunch will be served on
Wednesday, December 17th!



IMPORTANT

The Center will be closed and
No meals will be served on
Wednesday, December 24th
Thursday, December 25th and
Thursday, January 1st, 2026

Remember if you would like transportation
for the lunch program provided by the Senior Van
please let us know at the office so we can put you
on the schedule.

Crazy, Pretty, or Strange Christmas Sweater Contest!

Please make plans to join us on

Wednesday, December 17th for our

Christmas Lunch and Celebration of the Christmas/Holiday Sweater! You know you've got them now is your chance to wear them and maybe win a prize! Fun! Food!



Noon Year's Eve Party!

Wednesday, December 31st



Please remember to sign up for Lunch!

Ring in the "Noon" Year and Welcome 2026!

Food! Fun! Friends!



ANNUAL MITTEN TREE

We are still collecting donations for the Annual Mitten Tree which provides mittens, gloves, slippers, hats, scarves and socks to those in need in our community. Thank You!



It is not too late if you would like to purchase gifts to help a family in need more information is available at the center or call (716)754-2071
THANK YOU VERY MUCH!



Thanks so much for all you do. You are appreciated!

MERRY CHRISTMAS!!

A Very Special Thank You to Everyone that Volunteers, Helps out, Donates and makes the Senior Center a Wonderful place!

Thank You So Very Much
For All You Do!



THE TOWN OF LEWISTON SENIOR CENTER

Will be open 8:00am-4:00pm Monday -Friday. It maintains an open-door policy creating a pleasant and healthy environment for Senior Citizens. The caring staff is dedicated to the well being of those who participate in the many programs and services offered.

Please check the calendar to see what events and activities we have planned this month.

We attempt to keep our newsletter information as up-dated as possible but occasionally changes do happen after publication. Check our website for updated information:

[lewiston seniorcenter.com](http://lewistonseniorcenter.com)

You do not need to be a member of the Senior Club to participate in any of the programs offered at the Center!

The Niagara County Office for the Aging Attorney is available at the Center for Legal Services the first Tuesday of every month from 11:00am-12:00pm. Please call the center to schedule an appointment or for more information.

If you any questions or comments please feel free to contact the Senior Center.

(716)754-2071

TOWN OF LEWISTON SENIOR CENTER CAREVAN

Transportation is provided for residents who would like to attend activities at the center and for medical appointments. However, donations are greatly appreciated but no Senior will be denied service due to an inability to pay. The Senior Van is in operation Monday through Friday from 8:30 am—3:00 pm. Arrangements must be made 24 hours in advance. Senior Van funding provided by the Town of Lewiston and the Niagara County Office for the Aging.

Who may use the Senior Van: The Senior Van may be used by Seniors 60 years or older, residing in the geographic limits of the Town of Lewiston. We do NOT have a wheel chair van. If you require ANY assistance, due to liability restrictions, you must have someone accompany you to provide the required assistance.

Service Priorities: Every van rider is important to us, Medical needs will be the first priority for service. Seniors requiring hospital or doctors care will be scheduled prior to any other need. In order to accommodate as many people as possible, you may have to be picked up earlier than you think necessary if there is more than one appointment scheduled for the same time. **YOU MAY HAVE TO WAIT TO BE PICKED UP** for your trip home.

Due to increased demand of our Van Service, the Senior Van will provide transportation for Shopping, Banking, and Hair Appointments as van availability allows. Please call the center for more information. This service is limited to the Village of Lewiston.

Client Location Conditions: Clients are expected to keep driveways clear of any obstacles (low hanging tree branches, ice/snow, and any other obstruction). If your location is determined by the driver to be impassable or hazardous, arrangement will be made to pick you up at another location.

Suggested Donations for Service: Travel within the Town of Lewiston will be at the rate of 50 cents per one trip and \$1.00 round trip. Travel outside of the Town of Lewiston will be at the following rates:

Summit Mall Medical **\$4.00**

Niagara Falls **\$4.00**

Youngstown **\$ 3.00**

No Senior will be denied service due to an inability to pay.

The Van Drivers would like to remind you to “Buckle-Up” when you ride in the van.



LEWISTON SENIOR CENTER

December 2025

SUN	MON	TUE	WED	THU	FRI	SAT
 December						
						
1 8:15 Chair Yoga 9:30 Chair Yoga 12:30 Pinochle 1-3 Afternoon Art	2 9:30 Band Ex 11-12 NCQFA Lawyer 12:30 Senior Club 12:30-3PM Euchre 1PM Tech 101	3 9:30AM Silver Sneakers 10:30AM Larks 12:30-3PM Mahjongg 1:00 BINGO!	4 8:30 Mahjongg 9:00 Wood Carvers	5 9AM Quilters 9:30AM Chair Yoga 12:30-3:30 Bridge	6 Birthday's celebrated the 1st Tuesday of each Month!	
						
8 8:15 Chair Yoga 9:30 Chair Yoga 12:30 Pinochle 1-3 Afternoon Art	9 9:30 Band Ex 10:30 BP Screening 12:30-3PM Euchre	10 9:30AM Silver Sneakers 10:30AM Larks 12:30-3PM Mahjongg 1:00 BINGO!	11 8:30 Mahjongg 9:00 Wood Carvers	12 9AM Quilters 9:30AM Chair Yoga 12:30-3:30 Bridge		
						
14 8:15 Chair Yoga 9:30 Chair Yoga 11AM Niagara Wheatfield Kids	15 8:15 Chair Yoga 9:30 Chair Yoga 12:30 Pinochle 1-3 Afternoon Art	16 9:30 Band Ex 10:30 BP Screening 12:30-3PM Euchre	17 9:30AM Silver Sneakers 10:30AM Larks Christmas Lunch	18 8:30 Mahjongg 9:00 Wood Carvers	19 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia	20 11:30-12:30PM Jazz Music Concert Custode-Music
						
21 8:15 Chair Yoga 9:30 Chair Yoga 9-12 Jeff BC/BS 12:30 Pinochle 1-3 Afternoon Art	22 8:15 Chair Yoga 9:30 Chair Yoga 9-12 Jeff BC/BS 12:30 Pinochle 1-3 Afternoon Art	23 9:30 Band Ex 10:30 BP Screening 12:30-3PM Euchre	24 Center Closed	25 <i>Merry Christmas</i>	26 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	
						
28 The Wish You Merry Christmas	29 8:15 Chair Yoga 9:30 Chair Yoga 12:30 Pinochle 1-3 Afternoon Art	30 9:30 Band Ex 12:30-3PM Euchre 1PM Tech 101	31 9:30AM Band Ex 11AM Larks Concert Noon Year's Eve Party	January 1st Happy New Year 1/1/2026 Center Closed	1/2/2025 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	
						
30 Noon Year's Eve Party						
						
31 Noon Year's Eve Party						
						
1 Lunch Program Monday-Friday 11:00-12:30PM						
						
2 Fun! Football Friday's						



December Weekly Activities



Monday

8:15AM
9:30AM
1:00PM
12:30PM
9-12:00

Chair Yoga
Chair Yoga
Afternoon Art
Pinochle (Looking for new players 😊!)
Jeff Lewis BC/BS (The 4th Monday of each Month)



Tuesday

9:30AM
10:30AM
11-12:30
12:30PM
12:00PM
12:30PM
1:30PM
1:30PM
6:30PM

Resistance Band Exercise
B/P with Joyce (2nd & 4th Tuesday of each Month)
Lawyer NCOFA (1st Tuesday of Each Month)
Senior Club (1st Tuesday) **Travel Club** (4th Tuesday)
Bridge (1st Tuesday of Each Month Only)
Euchre
Book Club (3rd Tuesday of Each Month)
Technology 101 (1st Tuesday of Each Month)
Wood Carvers (6:30-8:30PM 3rd Tuesday of each Month!)



Wednesday

9:30AM
10:30AM
12:30PM
12:00PM

Silver Sneakers



Larks

BINGO

Mahjongg (Looking for new players 😊!)

Thursday

8:30AM
9:00AM
1:00PM

Mahjongg (Looking for new players 😊!)

Wood Carvers (6:30-8:30PM 3rd Tuesday of each Month!)



Exercise with Kathy

Friday

9:00AM
9:30AM
12:00PM
12-3:00PM

Quilters, Knitters, and Crochet
Chair Yoga
Trivia
Bridge (Looking for players 😊!)

